



ARVADA FIRE

PROTECTION DISTRICT

Arvada Fire Protection District

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Arvada Fire Protection District

7903 Allison Way • Arvada, CO 80005

303-424-3012

www.arvadafire.com

Want to Vote By Mail?

An Application for Permanent Absentee Voter Status for the Arvada Fire Protection District is available at www.arvadafire.com. This form is for District residents and property owners who wish to vote by mail and are registered in the State of Colorado. Electors may also call

303-424-3015 or email election@arvadafire.com to request an application by mail, email, or fax.

If you live in the District, but are not yet registered to vote in Colorado, you may register at www.govotecolorado.com or in person at the Motor Vehicle Office at 6510 Wadsworth Blvd. ■

It Can Happen in a Flash with a Splash

Children and older adults are the most at risk for liquid and steam burns. Each year in the U.S., over 450,000 burn injuries occur that are serious enough to require medical treatment. Between 2007 and 2013, the proportion of burn center admissions due to scald burns increased from 29.8% to 33.7%.

Join us in the fight to prevent severe burn and scald injuries!

Tips to Stay Safe

- Set your water heater at 120 degrees F/48 degrees C or just below the medium setting.
- Use a thermometer to test the water coming out of your bath water tap.
- Run your hand through bath water to test for hot spots.
- Use back burners and turn pot handles toward the back of the stove so children cannot pull them down.
- Use oven mitts when cooking or handling hot food and drinks.
- Stir and test food cooked in the microwave before serving. Open heated containers away from you from back to front.
- Keep children away from the stove when cooking by using a safety gate for younger children and marking with tape a 3-foot "no-kid zone" for older children.
- Keep hot drinks away from the edge of tables and counters and avoid using tablecloths and placemats.
- Use a "travel mug" with a tight-fitting lid for all hot drinks.
- Never hold or carry a child while you have a hot drink in your hand. ■



Letter from the Chief

BY CHIEF JON GREER

It is time for my annual update on the Fire Department’s budget. 2018 should be a year when the Department accomplishes quite a few big items, helped by the fact that we experienced an increase in property tax revenues which comprise 76% of the revenue the Department collects.

While we did see a rise in our income, I would be remiss if I did not remind you that for years we experienced declining revenues. The 2018 increase allows us to complete some projects that had been put on hold. Also, the Gallagher Amendment reduced by 10% the rise in property tax revenues.

When we prepare our budget, we include a five-year projection of revenues and expenses to make sure that decisions made today don’t negatively impact our ability to be financially solvent well into the future. One of the factors we took into account is the probability that the Gallagher Amendment will impact our income again in 2020.

The following are major budget items for 2018:

- Refurbishment of a reserve aerial ladder.

- Re-chassis and refurbishment of an ambulance.
- \$700,000 contribution to vehicle replacement fund.
- \$200,000 annual contribution to an account saving for future replacement of radios, SCB, and Automatic Electronic Defibrillators.
- Continuation of the District-wide fiber installation project.
- Starting construction on two stations. The plan is to relocate the current Station Three to W. 80th Ave. and Simms St.. A station is also needed in the northwest part of town due to significant growth in the area. We will construct a new station on property we own near W. 89th Ave. and Indiana St.
- Jefferson County Treasurer Fees - \$391,000 - The Jefferson County Treasurer charges the District 0.015% for collection of property taxes and ownership fees on license plates.
- Debt Service- \$1,200,000- The District acquired a loan (which will retire in 2023) for the following capital projects:
 - Constructed Stations 2, 7, and 8.
 - Constructed a new maintenance shop.
 - Remodeled the training center and put up a new burn building.
 - Remodeled Stations 4, 5, and 6.
- A 10% increase in health insurance premiums.
- \$850,000 contribution to the Jefferson County Communications Center (Jeffcom). Effective January 1, 2018 Jeffcom will take over responsibility for dispatching calls for Arvada Fire. Prior to that dispatching of our firefighters was handled in house. This change will enhance services to our citizens.

These are major and necessary improvements and/or enhancements that are needed and will ensure that the District is capable of providing services at the level that you have come to expect, well into the future. If you would like to see the budget in its entirety go to www.arvadafire.com and look under “important documents.” Please contact me if you have any questions about the budget, and as always, thank you for the opportunity to serve you as the Arvada Fire Protection District. It is an honor we take very seriously. ■



Winter Driving Safety

Severe weather can be both frightening and dangerous for travel. Motorists should know the safety rules for dealing with winter road emergencies. Arvada Fire reminds motorists to be cautious while driving in adverse weather as we head into our snowiest months.

Winter driving tips:

- Avoid driving while fatigued. Getting the proper amount of rest before taking on winter weather driving reduces risks.
- Never warm up a vehicle in an enclosed area, such as a garage.
- Make certain your tires are properly inflated.
- If possible, avoid using your parking brake in cold, rainy, and snowy weather.
- Do not use cruise control when driving on any slippery surface (wet, ice, sand).
- Always look and steer where you want to go.
- Use your seat belt every time you get into your vehicle.

Tips for long-distance winter trips:

- Watch weather reports prior to a long-distance drive or before driving in isolated areas. Delay trips when especially bad weather is expected. If you must leave, let others know your route, destination, and estimated time of arrival.
- Always make sure your vehicle is in peak operating condition.
- Pack blankets, gloves, hats, food, water, and any needed medication in your vehicle.

- If you become snow-bound, stay with your vehicle. It provides temporary shelter and makes it easier for rescuers to locate you. Don't try to walk in a severe storm. It's easy to lose sight of your vehicle in blowing snow and become lost.
- Don't over exert yourself if you try to push or dig your vehicle out of the snow.
- Tie a brightly colored cloth to the antenna or place a cloth at the top of a rolled up window to signal distress. At night, keep the dome light on if possible. It only uses a small amount of electricity and will make it easier for rescuers to find you.
- Make sure the exhaust pipe isn't clogged with snow, ice, or mud. A blocked exhaust could cause deadly carbon monoxide gas to leak into the passenger compartment with the engine running.
- Use whatever is available to insulate your body from the cold. This could include floor mats, newspapers, or paper maps.
- If possible run the engine and heater just long enough to remove the chill and to conserve gasoline.

Tips for driving in the snow:

- Accelerate and decelerate slowly. Applying the gas slowly to accelerate is the best method for regaining traction and avoiding skids. Don't try to get moving in a hurry. And take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.
- Drive slowly. Everything takes longer on snow-covered roads. Accelerating, stopping, turning – nothing happens as quickly as on dry pavement. Give yourself time to maneuver by driving slowly.

- The normal dry pavement following distance of three to four seconds should be increased to eight to ten seconds. This increased margin of safety will provide the longer distance needed if you have to stop.
- Know your brakes. Whether you have antilock brakes or not, the best way to stop is threshold breaking. Keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal.
- Don't stop if you can avoid it. There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it.
- Don't power up hills. Applying extra gas on snow-covered roads just starts your wheels spinning. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill as slowly as possible.
- Don't stop going up a hill. There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.
- Stay home. If you really don't have to go out, don't. Even if you can drive well in the snow, not everyone else can. Don't tempt fate: If you don't have somewhere you have to be, watch the snow from indoors. ■

EVERYDAY HEROES NEEDED

GET THE APP. SAVE A LIFE.

Sudden Cardiac Arrest (SCA) is one of the leading causes of preventable deaths. The PulsePoint app alerts bystanders—like you—who can help victims before professional help can arrive.

PulsePoint alerts you to nearby people in need.

For every minute that passes before help arrives, **SCA survival odds decrease by 7%–10%.**

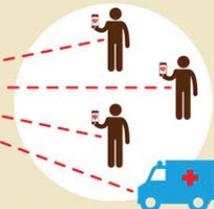
PulsePoint is like AMBER Alert for Sudden Cardiac Arrest victims.



1. SCA victim in need



2. PulsePoint sends CPR needed alert



3. Signal received by nearby PulsePoint users



4. Users rush to help victim before professional help arrives

LIVES NEED SAVING EVERY DAY

SCA kills almost **1,000** PEOPLE PER DAY IN THE U.S.

Nearly **60%** of SCA victims **DON'T GET CPR** until professional help arrives.

13M Americans are **CPR TRAINED AND CERTIFIED ANNUALLY.**

The U.S. survival rate for SCA is **11%** BUT YOU CAN HELP IMPROVE IT!

SCA data source: American Heart Association, "About Cardiopulmonary Resuscitation (CPR)" (2012)

HOW TO HELP

Call **911**  **STAYIN' ALIVE, STAYIN' ALIVE**

Push hard and fast on the center of the chest to the beat of "Stayin' Alive"—100 times per minute.

Early CPR and rapid defibrillation before an emergency team arrives can boost survival by 50%.

CITIZEN'S FIRE ACADEMY

The academy is a 6 week course that is designed to introduce residents to the daily operations of Arvada Fire Protection

Topics Include:

*EMS *Wildland *Hazmat *Tech Rescue *Hose Operations *Water/ice Rescue *Fire Prevention *Fitness Test

Wednesdays
April 25-May 30

To Register go to ArvadaFire.com or call 303-424-3012
Applicants must be at least 18

The Academy will end with a fun hands-on day at our Training Center on

Saturday, June 2
8 a.m. - 2 p.m.

